

# PUTTING

Half day putting schools will help reduce mistakes and sink more putts. It will start the process of creating a reliable putting stroke that will help you to win matches and lower your handicap. Learn in a group format with plenty of time to cover individual and specific needs.

In association with



Only  
**£50.00**

10am -1pm &  
2pm -5pm including  
lunch or afternoon tea



## Lesson Structure

### Observation and data capture

- Video Camera capture using specialist coaching software
- Tomi Puttlab Analysis
- Ball roll assessment

### Analysis

- Includes biomechanics of set up
- Assessment of movement dynamics of body and putter
- Ball roll dynamics (Launch, skid and roll)
- Skills tests

### Practical

- Development of blue print for future training
- Working through proposed changes
- Provision of feedback to direct learning
- Advice on putter fitting/ ideal putter specification
- Practice structure, routines and training aids.

### Review

- Overview and comparison.

### Students presented with

- Personal notes
- Data capture reports
- Video and stills from sessions



Contact jamie personally  
Mobile 07733255044  
e-mail jamie@cgcc.co.uk

Class dates  
June  
July  
August  
Sept  
Oct